Ask your guardian

After verified sign-in, enter the email your parent or legal guardian uses for Family Ledger in **Guardian’s Family Ledger email**. Select **Send approval request**.

Who gets the notification?

Only the adult account matching that verified email. Sharing a household, device or last name does not choose a guardian.

The request status keeps other people’s account details private. If you entered the wrong email, choose **Replace request** or **Cancel request**. For a code, choose **Use a private code** and share it directly. Creating a new code replaces the previous request. Both request types expire after 24 hours.

Find the request

Sign in to your adult account using the email you gave your teen. Open the notification bell on Overview and select **Review request**.

Dismissed the notification?

Open **Settings** → **Teen learning** → **Pending requests**. The request stays available for review until it is resolved, canceled, replaced or expires.

If your teen shared a private code, open **Enter a private approval code**. If the app says guardian requests are being updated, check availability again later.

Review the teen’s account

Check the partially hidden account email directly with your teen. Confirm that you are their parent or legal guardian and that both of you can read all entries and messages in the learning ledger.

Approve or decline

Select **Approve learning access** for your teen. Select **Decline request** for an unfamiliar account.

Enrollment requires an active U.S. Connected plan. Adult Basic and Plus accounts can be used internationally, but those plans do not include teen enrollment. Approval sends the request back to the teen for confirmation.

Confirm the adult

Return to Family Ledger and choose **Check approval** if needed. Ask your guardian to confirm that the partially hidden adult email is theirs.

Confirm your guardian

If it matches, choose **This is my guardian; continue**. That opens the shared learning ledger.

If the adult account is unfamiliar, choose **Decline and stop access**. Speak directly with your guardian before continuing.

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Your learning overview

After both people confirm, sign-in opens the learning ledger. Record income or spending manually, set a monthly category target, save a goal and talk with your guardian in the learning conversation.

A practice month

Record $60 of income and $18 of spending. With a $30 Food target, $18 of food spending leaves $12 toward that month’s target.

Both people can read the learning entries and conversation. The adult household’s bank accounts, balances and transactions stay in the adult ledger. Either participant can end teen access.